



Park Hotel, Graham St., Sliema

Expert advice in a friendly atmosphere for all ages, shapes and sizes  
in a fully equipped, air conditioned gym.

Gym memberships		Joint 20% OFF!
1 day	€8	
1 month	€30	€48
3 months	€75	€120
6 months	€130	€208
Annual	€200	€320

(Includes use of indoor pool & Jacuzzi)

#### **Personal Training:**

€12 for 1hour session in either weights, circuit training or kick boxing techniques. €45 for 5 sessions. Weight training is only for 14yrs and older.

#### **Sauna (1hour):**

€6 non members. €3.50 members.

**Full use of indoor pool and Jacuzzi for non members**  
Adults €5 Children under 10 €2

#### **Opening hours:**

Unsupervised morning hours NOT for day memberships.  
(Mon – Fri) – (06.00 – 21.00) Supervised (10.00 – 21.00).  
Sat – (06.00 – 18.00) Supervised (10.00 – 16.00).  
Sun & public holidays closed.

For further information contact Martin on 99871147 or 21343780-2905  
during supervised hours. For Chinese Massage call 99479018

An EXTRA 20% Discount will be given to the first 30 gym memberships  
& couple memberships.